



THIS CHRISTMAS, GIVE THE GIFT OF DREAMS, A GIFT THAT LASTS

Feeling somewhat unfulfilled with traditional gift-giving? Please consider a very unique gift-giving opportunity on the next special occasion ... a **Gift of Dreams**.

A personalized card sent to a friend or family member recognizes that person for having donated a very real gift that will sustain the lives of Cambodian villagers ... a Water Well, a Bicycle, a Pair of Piglets!

Set of Dishes	\$25
Mosquito Net	\$25
Bag of Rice Seed	\$25
Bicycle	\$30
Battery	\$30
Pair of Piglets	\$40
Safe Delivery of a Baby	\$40
Well for Clean Water	\$120
Pond (irrigation/fish)	\$300

This Christmas, consider a gift that keeps on giving, a gift that helps build a dream.

Check it out at

<https://www.tabitha.ca/donate.html#dream>

Tabitha Board Member Awarded Prestigious United Way “Community Builder” Award

On Thursday, September 16th, 2010, Tabitha Canada Board Member, Bob Carver and his band, Texas Flood once again rocked the Lone Star Texas Grill (Ottawa, ON) as part of the annual Rockin4Tabitha fundraiser. More than 125 people attended the 5th anniversary of Rockin4Tabitha, a concert in support of the R4T house build effort in Pursat, Cambodia (February 2011). Special guest Max Keeping, Ottawa’s own CJOH/CTV celebrity, surprised Bob by presenting him with a prestigious United Way “Community Builder” Award in recognition of his many years of dedication and support to Tabitha Foundation Canada. Bob received a certificate and will have his name engraved on the Community Builder wall at City Hall. Congratulations Bob!

The Rockin4Tabitha team will be completing their 5th build in Pursat province. The team will spend three days Phnom Penh starting Thursday, January 27th, 2011, receiving an orientation from Janne Ritskes and visiting important historical Khmer sites. The team will travel to Pursat where they will spend three days building 25 houses.

For more information, and to follow the team’s adventures, check out their new website at <http://www.rockin4tabitha.ca>.



Tabitha Foundation Canada Board Member, and Rockin4Tabitha founder/organizer, Bob Carver and Max Keeping



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To subscribe or unsubscribe to this newsletter, please send an email to Newsletter Editor at paula@rockin4tabitha.ca



From “in the mail” to “online”: Smart giving

It is truly heartwarming to acknowledge the compassion and generosity of Canadians and others abroad who so graciously support Tabitha’s work in Cambodia. Poor Cambodians, through your support, learn how to develop productive families and communities; they are immensely appreciative of your kindness.

Some Tabitha donors support us by sending cheques for which we are grateful. Should you wish to continue with this method, we once again say, ‘thank you so much.’ However, if you are considering an easier yet highly secure method of donating, we suggest that you consider donating ‘online’ using CanadaHelps.org.

Who is CanadaHelps.org? What do they do?

CanadaHelps.org is a highly-respected charitable organization whose sole mandate is to support other Canadian charities and to make giving simple. CanadaHelps.org quickly, efficiently and securely remits your donation directly to Tabitha’s bank account, thereby reducing the administrative and accounting efforts required by our volunteers. The process is extremely user-friendly and your official tax receipt is sent to you immediately, *via* e-mail. You can make one-time donations or choose to set up regular monthly donations.

Can I channel my Tabitha donations to specific initiatives?

Once logged onto CanadaHelps.org at <http://www.canadahelps.org/>, the online interface is so easy to navigate that with the click of a few buttons you can make a donation for a Tabitha water well, a bicycle or make a donation towards a particular house building team via that team’s “Giving Page”. You can even make a donation by which you dedicate your donation in honor of or memory of a particular individual. If you wish, you can request that a donation card (eg. a pair of piglets, bag of rice seed) be mailed to a specific individual, complete with your comments. It takes only minutes.

Will my credit card information and personal information be secure?

Since Tabitha established a partnership with CanadaHelps.org, Tabitha has been extremely pleased with the security of the online giving process. CanadaHelps.org serves thousands of Canadian charities and has developed an excellent reputation for both enhancing fund raising and securely handling those funds.

For more information on donating via CanadaHelps.org, please go directly to <http://www.canadahelps.org/> or find the CanadaHelps.org logo on the Tabitha Foundation Canada website at <http://www.tabitha.ca/donate.html>
Thanks so much again for your generous and continued support.



Keep track of Canada Helps online!

If I am a regular user of social media, can I connect with CanadaHelps.org that way?

Of course, CanadaHelps.org allows you to connect and stay in contact using Twitter, YouTube, Slideshare and Flickr.

Check it out at

<http://www.canadahelps.org/Info/4/74/89/ss>

Did you know?

"Phnom" is the Khmer word for "hill". Built on a hill near the Mekong River, Phnom Penh is so named because it was developed from a small monastery which had been built there in 1372 by a rich Khmer *woman* named Penh.

Phnom Penh literally means "Penh's Hill" and became the country's capital about 64 years after the monastery was built.



*Wat Phnom,
Phnom Penh,
Cambodia*

4th Annual Tabitha Golf Tournament - TEE OFF FOR TABITHA Wednesday, June 8th, 2011

Niagara-on-the-Lake Golf Club, Niagara-on-the-Lake, Ontario
email tabitha.golf@yahoo.ca

The 2010 tournament raised nearly \$4000 for Tabitha.

[Click here](#) for photos of the event.



Water, water everywhere!

Yolanda Henry, Tabitha Foundation Canada's Vice Chair, has secured a grant from the FAWCO Foundation (*Federation of American Women's Clubs Overseas*) for Tabitha's well program. The Foundation hopes to raise as much as US\$80,000 over the next two years and apply that money to Tabitha's successful program of wells and ponds. The award was announced October 30th at a Regional Meeting in The Hague.

The FAWCO Foundation is the philanthropic arm of FAWCO. While living in the United Kingdom, Yolanda served two terms as President of the American Women of Surrey (yes, a Canadian was allowed to be President). After moving back to Canada in 2006, Yolanda has kept her ties with FAWCO through membership in FAUSA (FAWCO Alumni USA). When the FAWCO Foundation announced its Target Program was going to focus on Water, she knew that Tabitha's Wells was a perfect fit. It would appear that FAWCO's 70 plus member clubs around the world felt the same way. Everyone had a vote, and Wells for Clean Water came out on top.

Not only will Tabitha benefit from the funds raised, but awareness of Tabitha's programs will spread around the world. Several FAWCO executives have expressed an interest in going on a house-building trip. "I'm really looking forward to showing FAWCO what an impact on poor Cambodian families they will have" says Yolanda. She is currently putting together a team of volunteers to go house building in November of 2011.

For more information on wells or house building please contact Yolanda at tabitha.housebuilding@yahoo.ca

FAWCO Foundation: <http://www.fawcofoundation.org>

FAWCO: <http://www.fawco.org>

FAUSA: <http://www.fausa.org>



2010-1011 CALENDAR OF EVENTS

Tabitha Handicraft Sale
World Craft Bazaar Sale
Saturday, Nov. 6th, 2010
Knox United Church, Parksville, BC

Tabitha Handicraft Sale
University Womens' Club of Vancouver at
Hycroft Mansion
(38th Christmas Sale and Open House)
Nov. 18th & 19th (10 am to 9 pm)
Nov. 20th and 21st (10 am to 6 pm)
(1489 McRae Ave., Vancouver, BC)

Silk and Pearls Event
Sunday Nov. 28th (2.30 - 5pm)
& Wednesday, Dec. 8th (5 - 8 pm)
Thyme and Again /Creative Catering
1255 Wellington Street, Ottawa, ON

Christmas Craft Show and Sale
Saturday December 4th (9.30 am - 3 pm)
Fisher Park School (250 Holland Ave,
Ottawa, ON)

North Bramalea United Church
Saturday, Nov. 27th and Sunday, Nov. 28th
(363 Howden Blvd, Brampton, ON)

Brock University
Tuesday, Nov. 30th & Wednesday, Dec. 1st
(10 am to 2 pm), Taro Hall, 3rd floor, 500
Glenridge Ave, St. Catherine's, ON

Holland Christian Homes
Thursday, Dec. 2nd (10 am to 2 pm),
Brampton, ON

MEET OUR NEWEST BOARD MEMBER – MR. COLIN EADES

Colin retired as Vice President, Chief Operating Officer and Corporate Secretary for the Canadian Museum of Nature in 2003. He is active as a board member of the Museums Foundation of Canada and a volunteer with the Poppy Campaign with the Royal Canadian Legion. Previous volunteer work included 3 years as an Auxiliary Constable with the Ontario Provincial Police.

He is an experienced traveler to SE Asia – 10 countries over 32 trips. His interest in The Tabitha Foundation was sparked by discussions of housebuilding in Cambodia .



Why house building? A pre-trip report by Laura & Kevin McQuiggin

In November 2010, Laura and Kevin McQuiggin from Vancouver, British Columbia, are leading a team of 35 house builders to Cambodia to build 20 houses. We asked Laura and Kevin to share their thoughts about house building and volunteering in Cambodia.

That's tough to answer. What motivates people to do anything? Better still, what makes them want to travel to a faraway place that few have heard of to raise money to build houses for people they've never met? Part of it lies in the basic qualities and characteristics of the people we have. We're a blend of ages, a mix of occupations, and have a massive amount of life experience. Many Team members work as Police Officers and as members of that profession exemplify maturity, compassion, integrity, intelligence, assertiveness, teamwork, problem-solving ability, and a willingness to serve society. We all have a strong work ethic and have similar values.

If you were to ask any of our people why they're on the Team, I suspect they'd likely say their primary motivation is to make a difference in someone's life; to do good. Time to give back. Why Cambodia? Well, why **not** Cambodia: why not start somewhere where everything you do – the smallest thing you do – has extraordinary impact.

We held monthly Team meetings prior to our fundraiser. This allowed our group to meet regularly and get to learn and know about each other. Everyone had a voice, everyone's input was valued.

We used technology to our advantage: a mailing list, a Team website. We used e-mails to ask our friends and acquaintances to help us, and posted particularly well-written e-mails and letters to the Teamsite for sharing.

Having said all this, our Team's greatest strengths, I think, are yet to be realized. Just wait until we get to Phnom Penh and really get to work. You'll see.

Laura & Kevin McQuiggin

For more information on the BC build team and to follow their adventures, check out their webpage:

http://highgate.comm.sfu.ca/cambodia/Cambodia_House_Building_2010/Welcome.html

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